WEEK 1

	Monday	Tuesday	Wednesday (Sugar Swap)	Thursday	Friday (Meat Free Friday)
Choice 1	Breaded Chicken Goujons served with Potato Wedges & Seasonal Vegetables	Spaghetti Bolognese served with Garlic & Herb Bread and Seasonal Vegetables	Roast Chicken served with Roast/Mashed Potatoes, Seasonal Vegetables & Gravy	Chicken Tikka Masala served with Rice, Naan Bread & Seasonal Vegetables or Hot Cheese & Ham Wrap served with Carrot & Cucumber Sticks	Cheese & Tomato Pizza served with Chips & Peas or Baked Beans
	VEGETARIAN VERSIONS OF THE ABOVE MEAL AVAILABLE DAILY				
Choice 2	Jacket Potato with a Selection of Fillings served with a Side Salad	Jacket Potato with a Selection of Fillings served with a Side Salad	Jacket Potato with a Selection of Fillings served with a Side Salad	Jacket Potato with a Selection of Fillings served with a Side Salad	Jacket Potato with a Selection of Fillings served with a Side Salad
Choice 3	Deli Choice of Breads with a Selection of Fillings served with a Side Salad	Deli Choice of Breads with a Selection of Fillings served with a Side Salad	Deli Choice of Breads with a Selection of Fillings served with a Side Salad	Deli Choice of Breads with a Selection of Fillings served with a Side Salad	Deli Choice of Breads with a Selection of Fillings served with a Side Salad
Dessert	Sticky Toffee Pudding served with Custard	Chocolate Mudslider	Apple & Grape Pot	Nobblie Biscuit	Golden Crunch Cookie

AVAILABLE DAILY – UNLIMITED SALAD, FRESHLY BAKED BREAD, FRUIT YOGHURT, FRESH FRUIT PLATTER & CHILLED WATER. FOR ALLERGEN INFORMATION, PLEASE ASK ONE OF OUR CATERING TEAM. ALL THE ABOVE DISHES ARE SUBJECT TO AVAILABILITY.

Upton Westlea Primary and Nursery

LUNCH MENU

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