



UPTON WESTLEA PRIMARY SCHOOL
 WESTON GROVE
 UPTON BY CHESTER
 CH2 1QJ
 Telephone: 01244 667880
www.uptonwestleaprimary.co.uk



Headteacher: Ms K Carruthers

7th September 2023

Dear Parents and Carers

Re: Illnesses and school attendance

We are aware that since the COVID-19 pandemic that many parents feel less confident with assessing whether their children are well enough to be in school.

There is wide agreement among health professionals and educational professionals that school attendance is vital to the life chances of children and young people. Being in school improves health, wellbeing and socialisation, so we would encourage you to send your children to school if they are well enough.

It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose or sore throat. However, we would ask that if your children have a temperature of 38°C or above that they do not come to school.

We have also included a poster that should help with identifying the length of time your children need to be off if they have other illnesses.

If you are in doubt, please contact the school directly and they will be happy to advise you.

Further information can be accessed through [Guidance on infection control in schools poster.pdf \(hscni.net\)](#)

Kindest regards

K Carruthers

Headteacher





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When should my child return to school?

Chicken Pox When all spots have crusted over	Conjunctivitis None*	Diarrhoea & Vomiting 48 hours from last episode
Measles or German Measles 4 days from onset of rash	Mumps 5 days from onset of swelling	Scabies After first treatment
Glandular Fever None*	Hand, foot & mouth None*	Impetigo When lesions are crusted & healed or 48 Hours after commencing antibiotics
Scarlet Fever 24 hours after commencing antibiotics	Slapped Cheek None*	Whooping Cough 48 Hours after commencing antibiotics
Threadworms None*	Tonsillitis None*	Head lice None*
Flu Until recovered	*No need to stay off but school or nursery should be informed.	

NHS

