**We aim to use the funding provided to make additional and sustainable improvements to the quality of Physical Education, Sport and Physical activity. We will use the Primary PE and Sport Premium to:**

**Total amount allocated: £17,710**

**Total amount spent: £16,317.50**

**Rolled over to 2023-2024: £1392. 50**

**Upton Westlea Primary School**

**2022/2023**

**Primary Physical Education and Sports Premium**

* **Develop or add to the PE and sport activities that we already offer.**
* **Build capacity and capability within the school to ensure the improvement we make will benefit pupils joining the school in future years.**

**The 5 key indicators displayed below will be the focus of our strategy to develop PE and sports activities at Upton Westlea Primary School.**

**1, The engagement of all pupils in regular physical activity.**

**2, The profile of PE and sport raised across school as a tool for whole-school improvement.**

**3, Increased confidence, knowledge and skills of all staff in teaching PE and sport.**

**4, Broader experience of a range of sports and activities offered to all pupils.**

**5, Increased participation in competitive sport.**

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| **Key achievements to date:** | **Areas of further improvement and baseline of evidence needed:** |
| * Intra-school competitions implemented in Summer term to celebrate Sports Week. **(Key indicator 1, 4 and 5)** Publicised on social media and, trophy awarded to winning house. **(Key indicator 2)** * Steps 2 Summit maintained and implemented further across KS1 and KS2.**(Key indicator 1)** * Activity trackers established for children in KS1 and KS2. **(Key indicator 1)** * Virtual/personal best competitions provided to children in KS1 and KS2.**(Key indicator 4 and 5).** * Staff CPD provided for teaching and assessment on TLG **(Key indicator 3).** * CPD workshops (Golfstarz, tennis) provided. **(Key indicator 3).** * Children participated in a football league against other schools**(Key indicator 5).** * Sports Ambassador roles established and responsibilities implemented**(Key indicator 2).** | * Provide workshops to improve physical activity and promote the joy of being active in school **(Key indicator 1).** * Implement the PE ‘Working Wall’ to the whole school to ensure that the profile of PE is maintained **(key indicator 2).** * Following from Staff Voice, CPD opportunities in Dance, Gymnastics and fundamental skills to be provided. **(key indicator 3).** * Increase pupil participation of all abilities in clubs, workshops, and events.**(key indicator 4)** * Provide greater opportunities for children to take part in intra-school competitions across a range of sports and physical activities**(key indicator 5).** |

\*\*\*This action plan is ongoing. Additions will be made throughout the year.\*\*\*

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| **Action Point:** To further promote regular physical activity to all pupils. | | | | | | | |
| **Key Indicator: The engagement of pupils in regular physical activity.** | | | | | | | |
| **INTENT** | **IMPLEMENT** |  |  | | **IMPACT** |  |  |
| **Focus Area** | **Planned action** | **Success Criteria** | **Premium allocated** | **Premium Spent** | **Expected outcomes/Impact** | **Evidence** | **Sustainability** |
| Engagement of pupils in regular physical activity. | **To continue to embed Steps 2 Summit as a consistent approach to KS1 and KS2.** | Steps 2 Summit has been introduced to staff and KS2 during the 21.22 academic year. This now needs to be a more consistent approach to ensure children are motivated and engaged in regular physical activity. Assembly to be conducted in Autumn term. | **£3750**  **(as part of the TLG subscription)** | **£3750**  **(as part of the TLG subscription)** | When introduced, children will be tracked on their active efforts for Daily mile and transitions from home to school. PSHE activities will also be brought in to promote regular physical activity. | Assembly  PSHE sessions  Observations  Pupil involvement | Children will develop a positive mindset towards physical activity |
| **To continue to promote Active 30 for a healthy lifestyle**   * **Daily Mile** * **Wake and Shake** * **Active lunchtimes** | Fitness will continue to be promoted daily for children to take part in physical activity. | **£0** | **£0** | Children will be monitored for fitness during two sessions every weekday. These are morning sessions of ‘Wake and Shake’ and afternoon activities of ‘Daily Mile.’ This will develop fitness and attitude towards physical activity. Daily mile has been set as an agenda item for the Sport’s ambassadors to discuss in Aut 2. | Staff meeting  Observations  Pupil involvement  Minutes of sports ambassador meeting | Children will develop fitness to become healthy and active as they develop. |
| **To identify and provide opportunities for sedentary children to be physically active.** | Children will continue to be monitored. Any child who is not active will be provided with opportunities to participate in workshops delivered by external coaches. | **£0** | **£0** | Activity trackers given out to children to wear for a team/class goal with a focus on these children. Children will be awarded for their efforts. Steps to Summit will be completed and logged on their mountain to promote activity and boost their motivation. | Staff meeting  Observations  Pupil involvement  Clubs log | Children will become more healthier and develop a positive outlook on physical activity and fitness. |
| **Sports Crew to sort and purchase new sports equipment.** | Audit to be completed by June 2023. Equipment to be ordered accordingly. | **£800** | **£277.29** | Sports Crew will be given a responsibility to take ownership of the equipment they use and to develop pride in their role to provide activities for children to be physically active. Training has been completed for playground leaders and 4x sports ambassadors. Equipment has been put into the shed in preparation for this to start wc 21/11/22. Sports Crew have introduced this to KS1 in an assembly 16/11/22. | Observations  Pupil involvement | Children will increase motivation to be physically active at lunchtime. |
| **Children to attend catch up swimming sessions and travel to sporting events.** | Children in Y6 who have not met the requirements of the national curriculum for swimming will attend catch up swimming sessions. Sessions, lifeguards and coach costs are included. | **£4000** | **£1555.41**  **Brio**  **£225 transport** | Unfortunately, swimming sessions were suspended over the past two academic years due to Covid restrictions. Swimming sessions will return this year and children will have the opportunity to achieve in the pool. Sessions have been brought forward for Y6 to allow time to complete this top up. | Pupil involvement | Children to achieve the requirements set by the national curriculum for swimming. |

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| **Action Point:**  To promote and develop a positive mindset towards sport and physical activity to benefit a healthy active lifestyle. | | | | | | | | |
| **Key Indicator: The profile of PE and sport raised across school as a tool for whole-school improvement.** | | | | | | | | |
| **INTENT** | **IMPLEMENT** |  |  | | | **IMPACT** |  |  |
| **Focus Area** | **Planned action** | **Success Criteria** | **Premium allocated** | | **Premium spent** | **Expected Outcomes/Impact** | **Evidence** | **Sustainability** |
| To promote and develop a positive mindset towards sport and physical activity to benefit a healthy active lifestyle. | **To further implement the PE ‘working wall’ and make use of it during physical sessions.** | Children will have a clear understanding of progression in PE through the use of a mobile display. This will display key skills, evidence of lesson time and key figures in the sport they are learning about. Teachers and coaches will be promoted to use this as part of their planning. Results from **Pupil Voice-** Learning objective to be explicit at the beginning of each session to ensure all learners understand what is needed to achieve. | **£0** | **£0** | | With the use of a ‘working wall’ children will associate the subject of PE to other prevalent subjects within the school, such as maths and English. | Observations  Staff meeting  Pupil voice | Children will develop further positive attitudes towards the subject. |
| **To further develop awareness of a healthy lifestyle,**   * **Coram Scarf** * **Health Box** * **Passion for Learning** | Health Box  All children will develop awareness of maintaining health and wellbeing through a variety of workshops.  Passion for Learning  Sessions are provided for mental health and well-being, healthy eating and exercise.  Coram Scarf  PSHE scheme linking to health and wellbeing. | **£3000** | **£1278 health box workshops**  **£2800 Sep 22**  **Passion for learning 1:1 and enrichment club** | | Health Box  Children and adults gain an understanding of delivering sessions based on emotional health and wellbeing. Children will be given sessions on SRE, healthy eating, wellbeing, oral health, yoga and mindfulness  Passion for learning  Provided for the benefit of vulnerable children to improve their mental health and well-being.  Coram Scarf  Delivers a variety of sessions on staying healthy, living healthy lifestyles and promoting good mental and physical health so children can lead healthy lives as active citizens. | Improved healthy eating and personal care choices.  PSHE class books and assessments  Healthbox – social media | Maintaining overall health and well-being of children. Staff to continue delivery of high quality lessons. |
| **Inspirational speakers/assemblies** | To inspire children to take part in sports and physical activity.  Chester Phoenix | **£0** | **£0** | | Children will have the opportunity to listen and learn about sport and fitness through assemblies by school staff and visitors. | Pupil voice  Observations | Children will be inspired to take up sporting activities in and out of school. |
| **Awards** | To change attitudes towards competing for all participators. | **£50** | Superstickers for sports day £33.20 | | Children will receive awards consistently every time they represent our school through intra and inter-school competitions. | Pictures  Social Media  Pupil voice  Displays | Children will maintain and develop positivity towards sporting activities and events |
| **Workshops and events** | To raise the profile of PE and provide children with sporting experiences.  Dynamos/Allstars Cricket (assembly and taster day for all year groups) | **£0** | **£0** | | Children from reception to Year 6 will have the opportunity to compete, learn and participate in sporting and physical activities during key dates throughout the year.   * Sports Week * Race 4 life | Pictures  Observations | Children will experience a wide variety of sports and activities that will be linked with outside agencies, furthering the opportunities of active learning outside of school. |
| **Sports Ambassadors/Sports Crew** | Children leading sporting activities for their peers and other children throughout the school.  Sports Crew to deliver regular physical activities at lunchtime which can challenge and support all children.  Sports Ambassadors to plan and deliver half termly intra school competitions | **£0** | **£0** | | Sports Crew and Sports Ambassadors developing a leadership role in delivering sporting games to encourage team game membership outside of school and role model skills. | Observations  Pupil voice  Displays  PE lead management | Developing leadership roles that will give them experience and confidence for future roles. |

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| **Action Point:** To improve the quality and confidence in the teaching and learning of PE | | | | | | | |
| **Key Indicator: Increased confidence, knowledge, and skills of all staff in teaching PE and sport.** | | | | | | | |
| **INTENT** | **IMPLEMENT** |  |  | | **IMPACT** |  |  |
| **Focus Area** | **Planned action** | **Success Criteria** | **Premium allocated** | **Premium Spent** | **Expected outcomes/Impact** | **Evidence** | **Sustainability** |
| **To ensure all children have access to high quality PE and teaching.** | **To provide all staff with professional development, monitoring and appropriate training and resources to help them teach PE and sport more effectively to all children.** | Continuing on from the previous year, Teach Learn Grow (TLG) will be used as a resource for learning and assessing pupils. Previously allocated cost £3750.  Supply cover provided for PE lead to be released to work alongside Colin. | £0 | £0 | Through this resource, it will enable us to safely conduct PE sessions and, focus on where we need to improve our teaching and how we can support and challenge our pupils. CPD is also provided by TLG and staff are considering individual needs for this. CPD support given to new PE Lead to enable effective support and leadership of the PE curriculum. | Staff meetings  Teacher observations  Subject scrutiny | Ongoing support and delivery of PE curriculum throughout the year. |
| Equipment for lessons and competition will be constantly monitored through auditing and communicating with staff members. £800 allocated above via sports crew audit. | £0 | £0 | Children will become more engaged in sessions when using the correct equipment, They will become more engaged and motivated to take part. | Lesson observations | Suitable equipment to take part in activities. Allows children the opportunity to develop skills with the correct equipment. |
| Membership of the School Sports Partnership (Chester SSP) and access to School Sport Coordinator to support PE Lead and school development. | £1500 | £875 SSP 1st instalment | PE lead will have access to ongoing CPD and participate in opportunities to develop PE throughout school.  CPD also conducted for year 6 pupils and 2 members of staff in how to be a playground leader (03/11/2022). | Staff meetings  Teacher observations  Subject scrutiny | CPD for staff members where they will be able to support and observe the application of the TLG resource. They will be able to apply their learnt skills to support children’s development in PE. Direct CPD through SSP will ensure staff are more confident to deliver sessions safely and utilise the equipment available.  Playground leaders are to train the next year’s playground leaders to promote sustainability and ownership of the scheme as well as developing their leadership skills. |
| SG Sports coach to conduct teaching of PE and assessing pupils. Members of staff will receive CPD through a variety of PE sessions focusing on several different sports | £2750 | £140 swimming course  £4450 SG Sports | Teachers will develop confidence in teaching by observing good practise. Staff attending sessions and developing own delivery and knowledge of differentiation. | Staff meetings  Teacher observations  Subject scrutiny | CPD for staff observing SG Sports (Sam) and delivery of sessions. They will then be able to apply learnt skills to their own PE sessions in order to support children’s development in PE at differing access points. |
|  |  | Hire sports coaches and PE specialists to work alongside teachers to improve the quality of PE teaching.  **Staff voice- CPD opps in gymnastics and dance.**  GolfStarz (Jan-March) Sessions Mondays for different classes and after school club. | £800 | £630 | Children to take part in workshops led by specialist coaches to improve their knowledge, understanding and confidence to take part in a variety of sports both following TLG and additional sports via GolfStarz/BaseballStarz. Gymnastics CPD to take place in Spring 1 as a staff meeting as voted for by staff as an area where greater confidence is needed to deliver sessions. | Staff meetings  Teacher observations  Subject scrutiny | CPD for staff observing GolfStarz and delivery of sessions. They will then be able to apply learnt skills to their own PE sessions in order to support children’s development in PE at differing access points. |

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| **Action Point:**  Increase pupil participation of all abilities in clubs, workshops, and events. | | | | | | | | |
| **Key Indicator: Broader experience of a range of sports and activities offered to all pupils** | | | | | | | | |
| **INTENT** | **IMPLEMENT** |  |  | | | **IMPACT** |  |  |
| **Focus Area** | **Planned action** | **Success Criteria** | **Premium allocated** | | **Premium Spent** | **Expected outcomes/Impact** | **Evidence** | **Sustainability** |
| Broaden the sporting opportunity available to pupils. | **To provide opportunities for intra-school competitions** | Provide opportunities for all children across both key stages to compete against each other. Children at Upton Westlea will represent their houses to compete in a variety of sporting activities. | **£0** | **£0** | | Children of all abilities will have chance to compete and take part in a number of different sports. These will be promoted and led by the Sports Ambassadors. | Pictures | Children of all abilities will compete and work together to develop skills in a variety of sports. |
| **Sports week and events** | To broaden the experience of sports to all pupils at Upton Westlea Primary School. | **£0** | **£0** | | Children from reception to Year 6 will have the opportunity to compete, learn and participate in sporting and physical activities during Sports Week. | Pictures  Social Media | Sports week workshops will allow all children to experience new activities giving the opportunity of further experiences. |
| **To provide opportunities for inter-school tournaments and events throughout the year.** | Provide opportunities for children to compete against other schools and take part in a variety of sporting events.  £1500 Chester SSP identified earlier covers this area. | **£0** | **£0** | | Children engaged in physical activities for enjoyment to increase fitness, participation and competitiveness. A log is kept of which children have competed so that a variety of children can be included. | Pictures  Attendees  Social Media  Competition tracker | Children to continue to take part in competitive sports. |
| **To provide children with a variety of after school clubs** | Provide opportunities for all children to participate and engage in after school clubs. Staff and coaches will deliver a variety of sport clubs through the year.  Golf Starz | **£1000** | **See above costs for Golfstarz** | | Club attendees will be monitored and opportunities will be provided to Pupil Premium children and children with SEND. | Data  Letters  Registers | Children will encounter new sports and grow in confidence towards physical activity. |
| **To provide virtual/personal best competitions** | Increased pupil engagement in competitions. These are provided through Chester SSP. | **£0** | **£0** | | Children can compete safely. Children will have a purpose of exercising and an enjoyment for competing. SG Sports is holding these before Jan 23. | Pictures  Attendees  Social Media  Submission to SSP Koboca. | Children will participate as a collective group increasing wellbeing and togetherness in the class. These will give staff ideas for personalised personal best activities as well as playground leaders for lunchtime activities. |
| **Increase pupil participation of all abilities in clubs, workshops, and events.** | Increased opportunities for children to participate and engage in a variety of sporting events – Mini Minds Yoga (provided by Healthbox) | **£0** | **£0** | | Children engaged in physical activities for enjoyment to increase fitness, participation and core strength. | Pictures  Attendees  Social Media | Children will encounter new sports and grow in confidence towards physical activity. |

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| **Action Point:**  Continue to provide opportunities for children to take part in inter and intra competitions | | | | | | | |
| **Key Indicator: Increased participation in competitive sport.** | | | | | | | |
| **INTENT** | **IMPLEMENT** |  |  | | **IMPACT** |  |  |
| **Focus Area** | **Planned action** | **Success Criteria** | **Premium allocated** | **Premium Spent** | **Expected outcomes/Impact** | **Evidence** | **Sustainability** |
| To increase pupil participation of all abilities. | **To provide opportunities for intra-school competitions** | Provide opportunities for all children across both key stages to compete against each other. Children at Upton Westlea will represent their houses to compete in a variety of sporting activities. | **£0** | **£0** | Children of all abilities will have chance to compete and take part in a number of different sports. These will be promoted and led by the Sports Ambassadors in-house as well as through SSP, further promoting the healthy lifestyle focus of Westlea. | Pictures  Social Media  Pupil Voice | Children of all abilities will compete and work together to develop skills in a variety of sports. |
| **To provide opportunities for inter-school tournaments and events throughout the year.** | Provide opportunities for children to compete against other schools and take part in a variety of sporting events.  CSSA and CEPD subscription for sporting events and CPD e.g. sports ambassador training to arrange events. | **£33.60** | **£33.60 CSSA**  **£270 CEPD** | Children engaged in physical activities for enjoyment to increase fitness, participation and competitiveness. | Pictures  Attendees  Social Media  Competition log | Children to continue to take part in competitive sports. |
| **To provide virtual/personal best competitions** | Increased pupil engagement in competitions and changing attitudes towards competing. | £0 | £0 | Children can compete. Children will have a purpose of exercising and an enjoyment for competing. Children will see PE as a focus for personal development as well as competitiveness against others. | Pictures  Attendees  Social Media  Koboca | Children will participate as a collective group increasing wellbeing and togetherness in the class |

**Estimated total spend: £17,683.60 £16,317.50**